



敬啟者：

家長學苑 —— 家長工作坊

在資訊世代衝擊下，家長與子女溝通困難，管教上帶來壓力。為協助家長提昇管教技巧，促進與子女的親子關係，本校家長教師會及學校社工將會舉辦家長工作坊。透過是次工作坊，讓家長更了解時下青少年的特性和需要，掌握更有效的溝通方法和管教技巧，以促進親子關係。工作坊詳情如下：

活動名稱：	「滑世代的親子管教」
日期：	2017年 3月18日(星期六)
時間：	上午11:00-下午12:30
對象：	中一至中五學生家長
地點：	地下010室 (多用途活動室)
內容：	(一)了解青少年上網文化 (個案分享) (二)如何與青少年溝通；預防上網成癮 (三)家長如何提昇管教技巧
課程費用：	全免
名額：	30-50人
主講：	救世軍青年、家庭及社區服務 HEALTH TEEN 註冊社工
聯絡查詢：	學校社工莫姑娘，電話：2464 3731。

若閣下有興趣參與家長工作坊，請簽妥回條並著貴子弟直接交回校務處。如有垂詢，請與校務處鄧小姐聯絡。

此致

中一至中五級家長

仁愛堂田家炳中學
家長教師會啟謹

二零一七年二月十七日

✂

回 條 (請於 28/2前交回校務處)

敬覆者：本人知悉 貴校18/3/2017 舉辦「滑世代的親子管教」家長工作坊，並會依時出席上述活動。

此覆

仁愛堂田家炳中學
家長教師會

學生姓名：_____ 班別：_____

家長姓名：_____ 聯絡電話：_____

家長簽署：_____

No. 16-17/45

二零一七年 月 日



Parents' Academy – Workshop for Parents

In the Information Age, parents face various difficulties when communicating with adolescents. These difficulties create stress in parenting. In collaboration with the school social worker, the Parent-Teacher Association will organize a workshop for parents to enhance their parenting skills for better parent-child relationships. The workshop will provide parents with an understanding of the behaviour and needs of adolescents nowadays, and help them grasp effective communication and parenting skills to enhance parent-child relationships. Details of the workshop are as follows:

Activity:	“Parenting for the Touch-screen Generation”
Date:	18 March 2017 (Saturday)
Time:	11:00 am – 12:30 pm
Target group:	Parents of S1 to S5 students
Venue:	Room 010, G/F (Multi-purpose Activity Room)
Content:	(1) Understanding adolescents' Internet culture (case sharing) (2) How to communicate with adolescents and prevent Internet addiction (3) Enhancing parenting skills
Fee:	Free of charge
Quota:	30-50
Speaker:	Registered social worker from HEALTH TEEN (Youth, Family and Community Services of the Salvation Army)
Contact / enquiry:	Ms Mok, school social worker (tel: 2464 3731)

Parents who would like to participate in the workshop are advised to complete the reply slip and have it returned by their child to the general office. For enquiries, please contact Ms. Tang at the general office.

Parent-Teacher Association



Reply Slip (to be submitted to general office by 28/2)

_____ Feb 2017

I am notified of the “Parenting for the Touch-screen Generation” workshop on 18/3/2017. I will attend the workshop on time.

Name of student: _____ Class: _____

Name of parent: _____ Contact number: _____

Parent signature: _____

