Cycle	Period	Тор	oics(Contents)	Teaching Activities (Experiment,	Progress
				Exercise, Quiz)	Evaluation
		Sect	tion1 Heat and Gases		
1-2	10	Mos	st of the topics in this section		
		have	e been taught in F.3. Teaching		
		time	e would be much less than		
		befo	ore.		
		a.	Temperature, heat and internal		
			energy		
			Temperature and	Investigate the structure of a real	
			thermometers	thermometer	
				Internal energy of the molecules	
			Heat and internal	would be described	
				Only heat capacity would be	
			Heat capacity and specific	discussed	
			heat capacity	Exercises and quiz	
		b.	Change of state	Relating the change in potential	
			Latent heat	energy with latent heat	
				Investigating the factors affecting the	
			Evaporation	rate of evaporation.	
				Exercises and quiz.	
		c.	Gases	Experiment : Relation between the	
			General gas law	pressure and volume of	
				a gas	
				Experiment : Relation between the	
				pressure and	
				temperature of a gas	
				Experiment : Relation between the	
				pressure and	
				temperature of a gas	
			Vin die die	Experiment : A three-dimensional	
			Kinetic theory	kinetic theory model	
				Exercises and quiz	

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		Sect	tion 2 Force and Motion		
3-4	10	a.	Position and movement		
			Position, distance and		
			displacement.		
			Scalars and vectors		
			Speed and velocity	Studying motion using a motion	
				sensor	
			Uniform motion		
			Acceleration	Acceleration down a slope	
				The 'coin and feather' experiment	
			Equations of uniformly	Study the equations of motion for	
			accelerated motion	uniformly accelerated motion	
			Vertical motion under gravity	Measuring acceleration of free fall	
				Exercises and quiz	
Cycle	Period	Тор	pics(Contents)	Teaching Activities (Experiment,	Progress
				Exercise, Quiz)	Evaluation
5-9	25	b.	Force and motion		
			Newton's First Law of motion		
				Inertia and mass	
			Additions of forces	Addition of forces using spring	
				balance	
			Resolution of forces		
			Newton's Second Law of	Acceleration and net force	
			motion	Acceleration and mass Frictionless motion	
			Newton's Third Law of	Motion affected by fluid friction Paired forces	
			motion	Newton's third law of motion	
			motion		
			Mass and weight	Turning effect of a force	
			Moment of a force	Locating the centre of gravity of a	
				body	
				Exercises and quiz	
10-11	10	c.	Work, energy and power		
			Mechanical work	Energy changes in a simple	
			Gravitational potential energy	pendulum.	

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			Kinetic energy		
			Law of conservation of energy		
			in a closed system		
			Power		
				Exercises	
12-13	10	d.	Momentum		
			Linear momentum		
			Change in momentum and net	Studying the impact force by	
			force	data-logging	
			Law of conservation of	Experiment of Sticky crash	
			momentum	Experiment of Hard crash	
				Experiment of Bouncy crash	
				Experiment of 'Explosion' of trolley	
				Project :To make a "Newton's cradle"	
				Exercises and test	
			1 st Examination would take	place during the 12 th cycle.	
Cycle	Period	Тој	pics(Contents)	Teaching Activities (Experiment,	Progress
				Exercise, Quiz)	Evaluation
14-15	10	e.	Projectile motion	Monkey and hunter experiment	
				A ball flying off a horizontal platform	
				Exercises and test	
16-17	10	f.	Uniform circular motion	Centripetal force in a conical	
				pendulum	
				pendulum	
				Exercises and test	
		Sec	tion 3 Waves	-	
18-20	15	Sec a.	tion 3 Waves Nature and properties of	-	
18-20	15			-	
18-20	15		Nature and properties of	-	
18-20	15		Nature and properties of waves	Exercises and test Experiment of transverse pulses and	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and waves	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and waves Experiment of longitudinal pulses and	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and waves Experiment of longitudinal pulses and waves	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and waves Experiment of longitudinal pulses and waves Experiment of transverse wave model	
18-20	15		Nature and properties of waves Nature of waves	Exercises and test Experiment of transverse pulses and waves Experiment of longitudinal pulses and waves Experiment of transverse wave model Experiment of longitudinal wave	

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			The ripple tank	
		Reflection and refraction	Reflection of water wave	
			Phase change in the reflection of a	
			pulse	
			Refraction of water waves	
		Diffraction and interference of	Diffraction of water waves	
		waves	Superposition of pulses	
			Interference of water waves	
		Stationary wave (Transverse	Transverse stationary waves	
		waves only)	Motion of particles in a transverse	
			stationary wave	
			Exercises and test	
Cycle	Period	Topics(Contents)	Teaching Activities (Experiment,	Progress
			Exercise, Quiz)	Evaluation
21-25	25	b. Light		
		Reflection of light	Laws of reflection	
			Images formed by a plane mirror	
		Refraction of light	Laws of refraction	
			Apparent depth	
		Total internal reflection	Total internal reflection	
			Total internal reflection in prisms	
		Formations of images by lens	Refraction in convex and concave	
			lenses	
			Formation of images by a convex lens	
			Formation of image by a concave lens	
			Measuring the focal length of a	
			convex lens	
			Plotting graphs to show the relation	
			between the object distance and	
			image distance	
			initage distance	
		Wave nature of light	Diffraction of light	
		Wave nature of light	•	

monochromatic light using a double-
slit
Estimating the wavelength of a
monochromatic light using a grating
Visible spectrum
Reflection of microwaves
Refraction of microwaves
Diffraction of microwaves
Interference of microwaves
Exercises and test